

Plumbers & Pipe Fitters Local #354 COMBINED FUNDS

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Dear Participant:

The Trustees are pleased to announce that the Fund will continue to offer lower contribution rates through the 'Wellness Incentive' if you and your covered spouse complete certain wellness activities. In order to qualify for the lower 'with Wellness Incentive' rate for the 2023 plan year, you and your covered spouse must complete the following:

- Annual Physical Exam
- Fasting Blood Glucose
- Lipid Panel

The deadline to complete the Wellness requirements is December 15, 2022.

If you and your covered spouse do not complete these activities by that time, you will be charged a higher "without Wellness Incentive" rate beginning January 1, 2023 and that will be effective for the entire 2023 plan year. Rates for 2023 will not be developed until later in the year, but for 2021 the difference between the "with Wellness" and "without Wellness" rates for Actives and Pre-Medicare retirees is \$300 per quarter.

Please contact your primary care physician to make an appointment for an annual preventive exam. When you visit your physician, please take the enclosed informational form. This provides important information for your physician regarding how to properly code your claim and what screening services to request.

These services will be covered at 100% by the Fund. **Please note that if additional conditions/diagnoses are discussed at this visit, your doctor may bill the claim as another type of non-preventive visit, resulting in a copay for the visit. If additional services are requested by your physician that are not covered as 'preventive' by the plan, you may be required to pay a copay or pay out of pocket costs that will apply towards your annual deductible.**

This process is completely confidential and results of your exam and screenings will be between you and your physician. The only information shared with the Fund will be regarding completion of the requirements.

If you do not currently have a primary care physician, please visit www.highmarkbcbs.com to find a covered doctor in your area.

If you have any questions, please contact the Fund office.

Sincerely,

**THE BOARD OF TRUSTEES OF THE
PLUMBERS & PIPE FITTERS LOCAL #354 WELFARE PLAN**

Shawn McCarl
Timothy Custer

Paul Baer
Richard Hall

Darryl Ray
Edward Andolina

Mel Deneen
P. Daniel Kormanik

**ANNUAL PHYSICAL + SCREENING
PHYSICIAN INFORMATION FORM**

The Plumbers and Pipefitters Local 354 Health and Welfare Fund continues to promote and encourage healthy lifestyles for our contract holders and their family members. The plan coverage encourages the contract holder and their covered spouse to complete an annual physical examination, fasting blood glucose and lipid panel.

These services will be covered by the Fund at 100% as Preventive services. Please ensure that when you are submitting claims for these services that you submit with "preventive" codes to ensure the services are reimbursed properly. Please see below for a list of appropriate codes.

Reminder to Physician: This is the patient's annual physical + screenings; please submit with a preventive diagnosis code, not routine. There is no copay associated with this procedure (if coded and submitted properly as preventive). Screening should include Fasting Blood Glucose and Lipid Panel.

Reminder to Contract Holder: If any additional conditions/diagnosis information is discussed during your Annual Physical visit, you may be required to pay a copay or the services may go towards your annual deductible.

Exam	99385 99386 99387 99395 99396 99397 99401 99402 99403 99404 G0438 G0439 G0444
Lipid Panel	82465 80061 83718 84478 83721
Fasting Blood Glucose	82947 82948